AQUASTAR,

I hope everyone is ready for the start of our 2025-2026 Short Course season! Today we will be starting our official fall schedule. There has been some up logistic changes. We will not be offering Baytown Sterling as a location on Tuesdays and Fridays at this time. Laporte will stick with the Monday, Wednesday, and Friday schedule for the time being. We can't wait to see everyone back in the pool and ready for another great AQUASTAR Season.

Announcements

- We will be having our Long Course Season Party on Sunday August 17th! From 5-7 pm.
 - Sign-up for donations
 here:https://www.signupgenius.com/go/904044EACA72CAAFD0
 -57784386-endofseason
- A parents meeting will take place Thursday, August 28th at Oakbrook
 West during the start of practice times. We highly encourage all
 parents to attend, especially if you are new to the club swimming
 scene!
- If you athlete attended TAGS we have received your gear and its ready for pick up at Oakbrook West.
- Please look over the attached practice schedule as we have had some updates.

<u>Practice 8/11 - 8/18 - Please always refer to the google calendar.</u> Clear Brook Hs

- Afternoon Practices
 - Monday through Thursday
 - o No Fridays in August!
 - Please refer to the google calendar and the attached practice schedule for the practice times.

Oakbrook West Pool

- Afternoon Practices
 - Monday through Friday
 - Please refer to the google calendar and the attached practice schedule for the practice times.
- Morning Practice
 - We will be allowing swimmers in our Blue and up groups to swim in the mornings

- with our masters program starting September 1st.
- We will offer these practices on Tuesday, Wednesday and Thursday mornings.
- Saturday Morning Practice
 - Below is the schedule for morning practices

Laporte HS

- Afternoon Practices
 - Practices will be Monday, Wednesday and Thursday.
 - Please refer to the google calendar for the practice group times.

Meets

- **Below is our Fall Meet Schedule!** Please save the dates of the meets below. We will send out an official meet calendar next week as some a few dates may change depending on host team announcements.
 - Saturday, September 6th Intrasquad Block Party Meet at Oak brook West
 - o September 20-21st AQUA/PACE Sprintathlon in Angleton
 - o October 4-5th SPA Invitational at Club Sienna Pool
 - o October 25-26th SHAC Invite
 - o November 14-16th BATS Invitational at UH Natatorium
 - Meet has been moved back a week due to campus logistics at UH
 - December 4-7th Southern Senior Champs/Gulf Age Group Champs
 - o **December 12-14th -** Gulf Senior Champs
 - o **December 19-21st -** Fall Champs
 - o January 16-18th AQUA/SPA Iceberg invite
 - Rest of spring meets will be announced in the coming weeks.
- We will be offering some small block party meets throughout the fall! We will send out more info later this month about these types of meets.

Go AQUASTAR! Coach Collin Head Coach

AQUASTAR Swimming