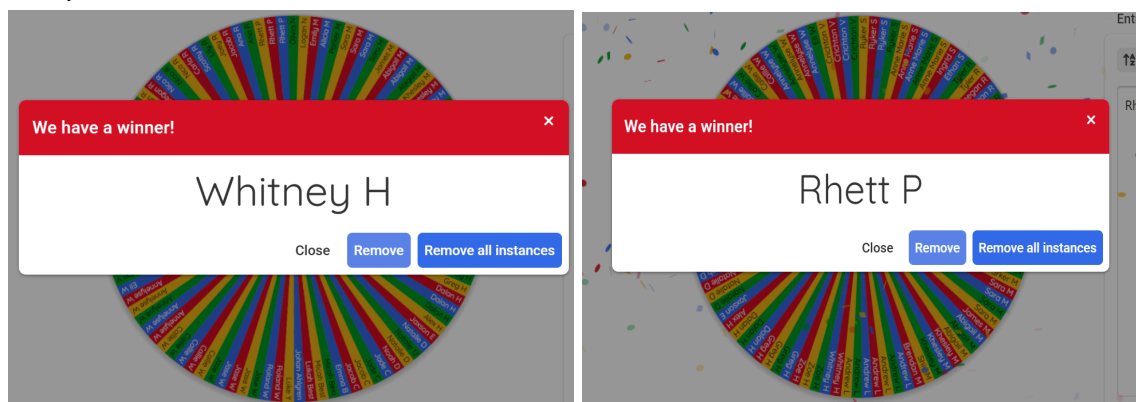
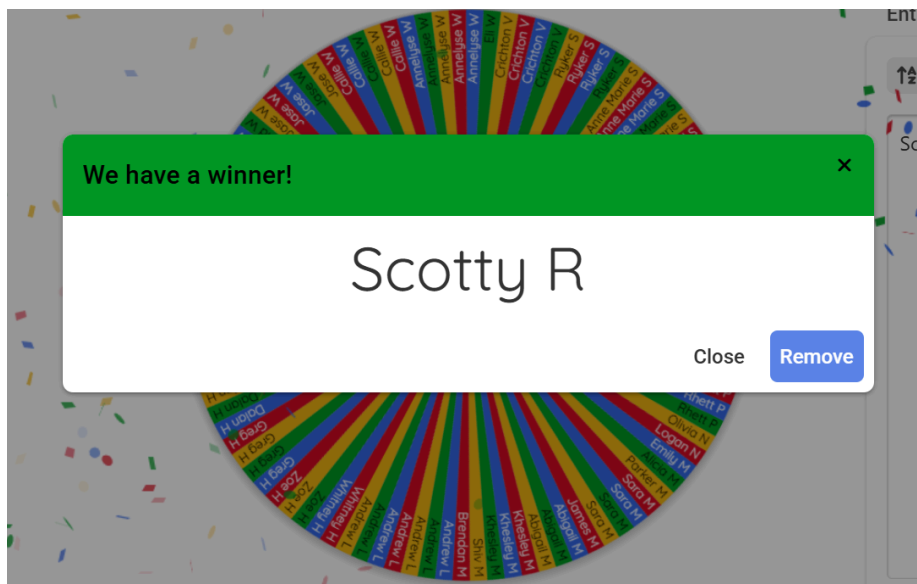


The AQUA/PACE May Invitation was a huge success for our team's first large Long Course swim meet! Before we get into the exciting time drops, AQUASTAR would like to extend a massive thank you to all of the parents who volunteered. Without your support, we could not host such a wonderful weekend for so many teams.

As a fun reward for either trying out new events or dropping time, we are raffling off 3 prizes! If a swimmer tried out a new event, regardless of how many they swam, they got one spot on the wheel. Any time drops in the events they swam earned them additional spots on the wheel. Some swimmers were lucky to have over 5 spots on the wheel! Now without further adieu, the winners of our smaller prize, a \$20 gift card to Jason's Deli, are Whitney Hutchison and Rhett Phillips!



The winner of our Grand prize, a year long family membership to the Houston Zoo, is Scotty Ragsdale! We will hand out prizes to all winners at practice next week. Congratulations to all of our swimmers and we hope to do another raffle at our next home meet in the fall!



Now onto recognizing the individual swimmers. The coaches are incredibly happy with how the athletes performed this past weekend! Seems like many of them may have had the force on their side. Many of them swam new, more difficult races than they were used to. This helped many of them build confidence in their abilities, and even helped them find some new events they would want to swim again in the future!

- **Johan Ahlgren** swam his first long course swim meet ever. Nearly breaking his short course best times in a more difficult format!
- **Lukah Best** dropped a whopping 10-seconds in his 50 freestyle compared to his last performance just 2 weeks ago.
- **Micah Best** earned a B-cut by dropping 11-seconds in his 100 backstroke!
- **Emma Brueggeman** earned a new BB-cut in her 100 butterfly
- **Jacob Cortez** swam his first 100 freestyle ever. Pushing his endurance and technique to the limit!
- **Jade Cortez** took on the challenge of the 200 I.M. for the first time ever! She also earned a new BB-cut in her 100 freestyle, dropping nearly 9-seconds!
- **Noah Daniel** swam his first long course meet ever and showed great improvement in his technique! Great job Noah.
- **Natalie Dawlett** earned a new B-cut in her 200 I.M.
- **Jaxson Elizalde** swam his first swim meet ever with the team! Although he was nervous, he pushed himself and ended up having a blast.
- **Aleksander Halili** swam his first long course meet ever! He earned 3 new motivational times with a B time in the 50 free and a BB in both the 50 Fly and 50 Breast.
- **Dalan Halili** dropped some time from his first long course meet 2-weeks ago. He earned an A-cut in the 50 freestyle by nearly dropping a full second!
- **Greg Haronitis** smashed his best times from 2-weeks ago! Dropping time in every race, he is inching closer to his TAGS cuts.
- **Zoe Haronitis** earned a BB-cut in her 50 breaststroke by dropping a second and a half. She also dropped an impressive 9-seconds in her 200 freestyle.
- **Whitney Hutchison** earned an A-cut and AA-cut in her 100 breast and 50 free respectively. Keep up the hard work Whitney!
- **Andrew Loe** earned multiple A and AA-cuts in his races. Dropping a whopping 28-seconds between all of his races!
- **Brenden Martinez** pushed himself out of his comfort zone to swim the 200 breaststroke for the first time in long course. He showed great potential in the race!
- **Shiv Malkani** swam right on his best times from his previous long course season. He is in a fantastic position to dominate the rest of the season!
- **Khesley Manigold** earned multiple B and BB-cuts in her races. She dropped a wild 20-seconds in her 100 freestyle!
- **Abigail McBroom** earned a B-cut in her 50 backstroke by dropping over 6-seconds.
- **James McBroom** swam his first long course swim meet ever! Keep pushing yourself James!

- **Sara McGrady** earned a new B-cut in her 100 breaststroke demonstrating a massive improvement in technique!
- **Parker McNatt** swam not only her first long course meet, but her first USA Swim meet ever! Showing great improvements, she is ready for the next challenge.
- Alicia Mellin swam a host of new events. Placing first in the girls 400 freestyle!
- **Emily Meyer** swam her first long course meet ever swimming with some of the best technique of all the swimmers in attendance. Keep up the good work Emily!
- **Logan Nagel** continues to show his improvement in technique with a wonderful display this weekend. Keep up the hard work!
- **Olivia Nagel** swam incredibly for their first long course meet ever! She earned her first B time for the 11-12 age group in the 200 Fr.
- **Rhett Phillips** earned B and BB-cuts in all of his events.
- **Bella Ragsdale** earned a B-cut in her 100 backstroke by dropping 27-seconds!
- **Scotty Ragsdale** swam the 200 fly for the first time ever. With a time of 3:00, we are excited to see him break the 3:00 barrier later in the season!
- **Carla Rangel**, with a new and improved breaststroke, swam an incredible 200 I.M.
- **Nico Rangel** earned BB-cuts in his 50 back and 50 free!
- **Keegan Reeves** dropped 18-seconds in his 800 freestyle! He also earned a new A-cut in his 50 freestyle.
- **Tyler Rowlan** dropped time in all of his events. He also earned a BB-cut in his 100 breaststroke by dropping 6-seconds!
- **Anne Marie Schaldenhauffen** had massive time drops in all of her races! Dropping an insane 1-minute and 15-seconds in total!
- **Ryker Swor** earned new cuts in multiple races. Most notably he dropped 18-seconds in the 100 free to earn an AA-cut.
- **Crichton Vandertie** continues to show his love for longer distance races, dropping a cool 13-seconds in the 900 freestyle.
- **Eli Wall** swam his first long course meet ever with the team! Keep pushing yourself Eli!
- **Annelise White** earned a new BB-cut in the 200 I.M. by dropping 12-seconds!
- **Callie White** dropped time in all of her races! She dropped over a minute in total!
- **Jase White** dropped some big time! Earning new AA-cuts in both the 200 I.M. and 50 free. He also dropped 8-seconds in the 100 breaststroke to earn a new Age Group Champs Cut!
- **Roland Winingham** dropped a quick 4-seconds off his 50 freestyle!
- **Luke Yamokoski** Swam his first ever long course meet with the team. He showed just how much his technique has improved the past couple of months. Keep up the good work Luke!