



STREAMLINE



Volume 13, No. 7
AQUASTAR
February 2020

www.swimaqua.org

Houston, TX 77062

Turning today's potential into tomorrow's performance!

AQUASTAR

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Meet Entries
Jeaneen Dale

Head Coach
Jeaneen Dale

Newsletter Editor
Wendy Davis

**NEXT
BOARD
MEETING**
Tuesday,
Feb 11 2020
8:30 pm
Email
amyschauss@yahoo.com

**ALL PARENTS
INVITED AND
ENCOURAGED TO
ATTEND!**

February Meets

February 7-9	11 and over Prelims/Finals	HCAP
February 8-9	8 and under Champs	HCAP
February 8-9	9-10 First Chance meet	AMBU
Feb. 22-23	Short Course Champs II (9-14)	NOCH
Feb. 27- Feb. 29	Sectionals	AGS
Feb. 29- March 1	Short Course Champs III (13 and over)	

Swimmer's Corner

Congratulations to **Aquastar** seniors Sara Boone, Olivia Theall, and Max Hardt, for winning female/male Athletes of the Meet, while representing their respective high schools at their District Meets!

Also, GOOD LUCK to our seniors that qualified at Regionals for the High School State Championships! Go Mitchell, Max and Olivia!





Congratulations!

Training Promotions

Congratulations to the following swimmers who earned new promotions — way to go!

PROMOTIONS

Red to White:

- Shraya Bhatt (50 Free, 50 Back, 100 IM)
- Landon Davidson (50 Free, 50 Breast, 100 IM)
- River Frankfort (50 Free, 50 Back, 100 IM)
- Shane Tiedemann (50 Free, 50 Back, 100 IM)

White to Aqua:

- Kimi Hadaegh from (50 Free, 50 Breast, 50 Fly)
- Alexzander Morales (100 Free, 50 Breast, 100 IM)

Blue to Gold:

- Ethan Bonow (100 Free, 100 Back, 100 Fly)
- Marshall Odom (100 Free, 100 Breast, 100 Fly, 200 IM)

NEW SC TAGS TIMES

Boys 10 & Under 100 IM – Robert Pheister

Girls 10 & Under 400 Free Relay – Avery Hearon, Myah Rayburn, Kimi Hadaegh, and Taylor Welch

NEW SC AQUASTAR RECORDS

15-18 Girls 200 Yard Freestyle Relay: Sara Boone, Rachel Del Angel, Riley Holcomb, Olivia Theall

WELCOME!

New Aquastar swimmers
and their families!

Farouk Omotoso, Ivy Walker,
Madison Henrichs and Reid Taylor



Congratulations!

HAPPY BIRTHDAY

February Birthdays

Spencer Hoffman	2nd
Sophia Shivokhina	3rd
Neelia Ouladi	4th
Levi Del Angel	7th
Ayden Husby	7th
Tiffany Tran	7th
Teo Liu	8th
Justin Tran	8th
Thomas Wedemeyer	14th
Jaxon Saenz	16th
Jaracely Cortez	17th
Emma Lee	20th
Shreya Ganguli	21st
Hannah Goddard	24th
Michael Gordon	26th
Myah Rayburn	27th

Get Connected

Remind

Text @ aquastarsw to 81010
Get breaking news and updates via text

Facebook Parents Forum

Private Group: [Aquastar Parents](#)
Parent-to-parent discussions. Ask your questions and share the latest news with other Aquastar families

Public Facebook Page

Aquastar Swimming

Celebrate our team's accomplishments and learn about upcoming events, such as clinics or camps

Public Twitter Feed

@swimaqua

Follow this twitter feed to celebrate Aquastar accomplishments, learn about upcoming events and see related and relevant swimming articles and information

From the Coach



Aquastar's newest coach!

I would like to introduce our newest coach, Juve Bertrand. Juve started swimming with AQUASTAR at the age of 14 and began coaching for us at the age of 18. He is a very talented swimmer and coach. Growing up Juve also swam for the Deer Park Seals summer league team and Deer Park High School swim team. He competed at many high level meets for Aquastar including Senior Circuit and Sectionals. Juve's best stroke is BREASTSTROKE. Juve began his coaching career with the Deer Park Seals summer league team for 2 summers in 2008 and 2009. Following the 2009 summer, Juve began coaching with AQUASTAR. During his time with Aquastar Juve coached Red, White, Aqua, and Blue groups and was one of the original Learn to Swim instructors when the program was first started in 2010. During the 2012 summer, Juve also became the head coach of the Seabrook Stingrays summer league swim team. Following the 2012-year Juve joined the Air force pursuing his dream of becoming an elite special operations PARARESCUEMAN. During his time in the Air Force, Juve completed some of the most prestigious programs the DOD has to offer including Combat dive, Army Airborne, SERE, Military Freefall (HALO), UNM paramedic program, and the Pararescue apprentice course. Juve is now attending college and maintains a 4.0 GPA, with plans to apply to medical school in 2021. In his free time, Juve enjoys spending time with his wife Nicolena and 2-year-old daughter, Lyla. We are very excited to have Juve back on our coaching staff as he has always been a great addition to our team as a swimmer and a coach. We look forward to having him continue to help our team grow and progress.

--- Coach Jeaneen ---



Senior Spotlight



AquaSTAR Seniors Shine Bright in High School Swimming!

Sara Boone - Won Female Athlete of the Meet while representing Deer Park High School at District Championships. Sara advanced from Districts to Regionals in the 200 IM and 100 Fly and as a member of two Deer Park High School relay teams. She qualified for Regional finals in all 4 events and had a personal best time in the 200 IM, dropping a nearly a full second! Awesome job Sara!!!

Max Hardt - Qualified for **STATE** in 200 IM and 100 Breast while lowering his own 100 Breaststroke record at Friendswood High School. FHS's 200 Medley Relay, which Max is a member of, will also advance to the state-level competition. Max also won Athlete of the Meet at 5A Districts and for the second year in a row at Regionals. Way to go Max! Tear it up at State!

Spencer Hoffman - Aquastar senior, Spencer Hoffman, finished his final high school swim season while representing HYCA Swim team at the Houston Area Private & Parochial Invitational (HAPPI). While doing so, he placed third in the 200 free and second in the 100 fly. He was also a member of the team's two first place relays. Great swims Spencer!

Mitchel Mason - Placing first at regionals in both the 100 breast and 200 IM, Mitchel has advanced to **STATE**. His winning 200 IM shattered a 19 year old Clear Lake High School record! He also broke the school's 100 breast record while claiming victory at Regionals. Well done Mitchel - we look forward to cheering you on at state!!!

Sirius Sharma - Sirius, a Friendswood High School senior, advanced to Regionals in the 100 Breast where he qualified for finals and placed tenth. Sirius dropped over 3.5 seconds in the event from his previous personal best to close out his high school career. Congratulations Sirius!

Olivia Theall - Olivia has qualified for **STATE** in the 200 IM and 100 Fly and is a member of Friendswood High School's two qualifying relay teams. Olivia cleaned up at Regionals with a total of 4 first-place finishes! Along her championship path Olivia also won 5A District Female Athlete of the Meet. Great job Olivia! Best of luck at State!



*No one ever said it
would be easy, they said
it would be worth it!*

Extra, extra! Read all about it!



Gulf Swimming Parent Master Class Series (Semester 1) w/ Hayes and Missy; Feb 23rd (7:00pm to 8:00pm CST) Free to Gulf Members! Click [here](#) to sign up



By USA Swimming Thursday, September 12, 2019

The following rule, proposed by Age Group Development, will take effect September, 1, 2020.

Click [here](#) to read the full article.

Aquastar

Safe Sport Coordinator is Christina Klun- Please feel free to talk to her anytime, along with any board member! Aquastar is committed to keeping swimmers and coaches safe!



February 2020

AQUASTAR

Aquastar Team Shop



WHITE GROUP
PRACTICE GEAR



Want to support the team when buying swim gear and products? Want gear with the **Aquastar** logo? Use our **Aquastar** Team Store! A portion of all sales go to **Aquastar**!

Click here → [**AQUASTAR SWIM SHOP**](#)

Team Fundraising

Kroger Donation Program:

AQUA's Kroger Community Rewards number is ND027.

NOTE: ND087 is a new number, check your account to make sure it is updated.

Just sign into your Kroger account [here](#)

Next, enroll in Community Rewards under your account settings.

NOTE: *You will have to re-enroll your card/account each year.*

Randalls Donation Program:

AQUA's Randalls *Good Neighbor* number is 9266. Just have a checker or courtesy booth person code that into your Randalls card.

Amazon Smile Program:

Just click [here](#) when you visit Amazon and a portion of your purchase will be donated to Aquaster.

2019-2020 Short Course Meet Schedule

TENTATIVE

September 21	Pentathlon (all ages)	SHARK
October 12-13	HCAP Invite (11 and up)	HCAP
October 19-20	Halloween meet (10 and under)	AQUA
November 2-3	Senior meet (ages 15 and over)	SHAC
November 9-10	November Invite (14 and under)	SHARK
December 6-8	Southern Sr. Champs (must qualify)	TWST
December 6-8	13 and over Champs	UH
December 6-8	Gulf Champs (14 and under) – must qualify	AGS
December 13-15	12 and under Champs	?
December 11-14	Winter Juniors (must qualify)	Federal Way, WA
January 11-12	11 and over (Prelims/Finals)	AQUA
January 18-19	10 and under open	SSS
February 7-9	11 and over Prelims/Finals	HCAP
February 8-9	8 and under Champs	HCAP
February 8-9	9-10 First Chance meet	AMBU
Feb. 22-23	Short Course Champs II (9-14)	NOCH
Feb. 27- Feb. 29	Sectionals	AGS
Feb. 29- March 1	Short Course Champs III (13 and over)	?
March 5-8	TAGS 14 & under (must qualify)	Dallas, TX

