



# STREAMLINE



Volume 12, No. 3  
AQUASTAR

[www.swimaqua.org](http://www.swimaqua.org)

September 2019

Houston, TX 77062

*Turning today's potential into tomorrow's performance!*

## AQUASTAR

President  
Amy Schauss

Vice-President  
Harold Johnston

Treasurer  
Josh Johnston

Secretary  
Yasmin Ali

Directors  
Christina Klun  
Nisha Gidwani  
Jeaneen Dale

Meet Entries  
Jeaneen Dale

Head Coach  
Jeaneen Dale

Newsletter Editor  
Christina Klun

**NEXT  
BOARD  
MEETING**  
Tuesday,  
Oct. 8, 2019  
8:30 pm  
Email  
[amyschauss@yahoo.com](mailto:amyschauss@yahoo.com)

**ALL PARENTS  
INVITED AND  
ENCOURAGED TO  
ATTEND!**

## September Meets

September 21

Pentathlon (all ages)

SHARK



## SAVE the DATE Sunday Sept. 29<sup>th</sup>

Our team season kickoff  
party will be at the  
Oakbrook West pool from  
5pm to 7pm.

## WELCOME!

**New Aquastar swimmers and their families!**  
**Hudson Daly, Bilge Ekram, Avery Frers, Aria  
Garza, Joshua Hanson, Phoenix Harrup,  
Trevor Johnson, Madison Jones, Jun Lee,  
Eliana Liu, Nicholas Morales, Noah Morales,  
Griffin Olstad, John Pike. Gregory Plummer,  
Patrick Redmond, Piper Simms, Lilly Sisung,  
Chloe Strange, Joseph Sutphen, Thomas  
Wedemeyer, Calla Williams, Laurel Williams**



**Dream of what you want to be. Wake up fighting for it.**

# Congratulations!

## Training Promotions

Congratulations to the following swimmers who earned new promotions — way to go!

### PROMOTIONS

## TEAM FUNDRAISING

See tab on website for links more info

### Kroger Donation Program

AQUA's Kroger Community Rewards number is **ND027**. **NOTE ND087 is a new number check your acct to make sure it updated~**

Just sign in to your Kroger account at this <https://www.kroger.com/communityrewards>, then enroll in Community Rewards under your account settings.

**Note:** You will have to re-enroll your card each year.

### Randal's Donation Program

AQUA's Randall's *Good Neighbor* number is **9266**. Just have a checker or courtesy booth person code that into your Randall's card!

### Amazon Smile Program

Just use [this link](#) when you visit Amazon and a portion of purchase will be donated to Aquastar

### SWIMOUTLET

[www.swimoutlet.com](http://www.swimoutlet.com)

A portion of the sales will go to Aquastar

### \*SWIM PARKA'S\*

Winter is approaching, and the best way to keep those swimmers warm is with a swim parka! They are made for swimmers and dry very quickly.

[www.swimoutlet.com](http://www.swimoutlet.com) and you can always go to Swim Shop of Southwest in Pearland as well.

CJ Custom Sewing can embroider them  
[www.cjcustomsewing.com](http://www.cjcustomsewing.com) 832-738-6609

# Congratulations!

## HAPPY BIRTHDAY

### September Birthdays

Mairi Redmond	1 <sup>st</sup>
Kellen Dimmick	4 <sup>th</sup>
Kaleb Brown	7 <sup>th</sup>
Chloe Strange	10 <sup>th</sup>
Alim Merchant	13 <sup>th</sup>
Alejandro Ervesun	14 <sup>th</sup>
Gabriel Laurito	16 <sup>th</sup>
Jun Lee	19 <sup>th</sup>
Olivia Theall	24 <sup>th</sup>
Ada Dowell	25 <sup>th</sup>
Nicholas Morales	26 <sup>th</sup>
Noah Morales	26 <sup>th</sup>
Ingrid Schauss	27 <sup>th</sup>
Lilly Sisung	30 <sup>th</sup>

## REMIND App

AQUASTAR has set up a text messaging service with Remind. This will be very helpful when we need to send last minute practice changes to the team, as we know not everyone can check email before practice. To join the AQUASTAR remind group, please text @aquastars to 81010. We would like to encourage everyone to do this



# From the Coach



## Save the date!

October 19- 20 Aquastar will be hosting a 10 & under Halloween swim meet at Clear Falls High School!

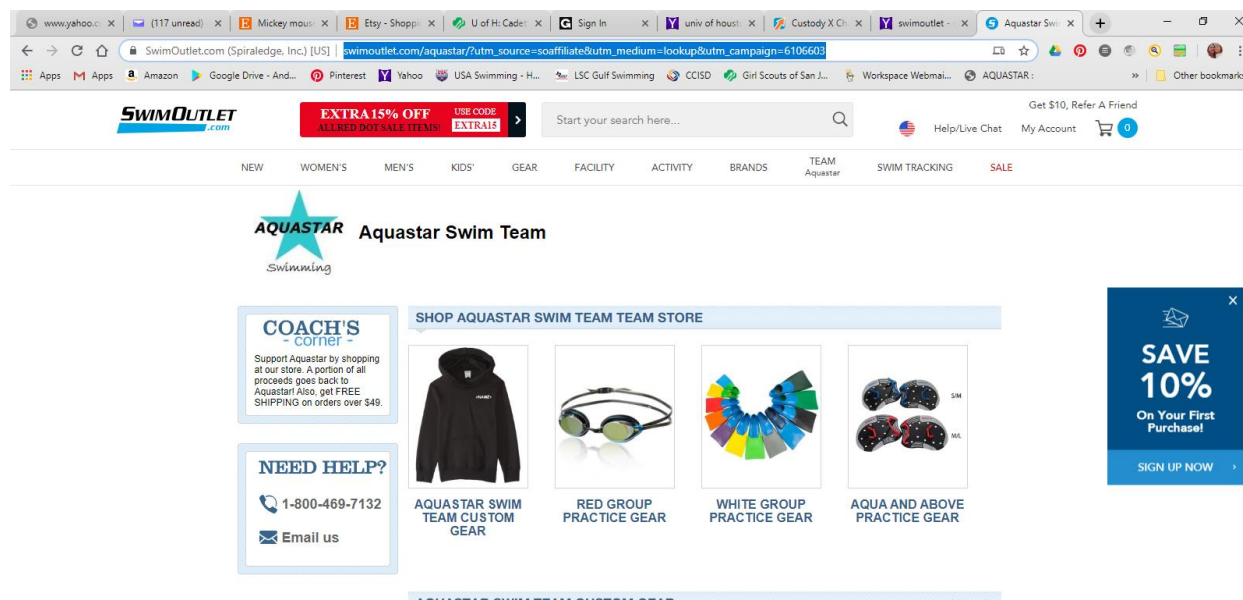
IF YOU WOULD LIKE TO HELP WITH SOMETHING SPECIFIC PLEASE CONTACT THE MEET DIRECTOR-CHRISTINA KLUN- [christina\\_lombardo@yahoo.com](mailto:christina_lombardo@yahoo.com)

**Do expect to volunteer during this meet so that, so we can host a fun and fast swim meet**

Older Swimmers that need volunteer hours- here is a chance to earn some fun hours

Older Swimmers that want to help with the meet are encouraged to do so!

## THIS IS WHAT THE SWIMOUTLET TEAM STORE LOOKS LIKE. CHECK IT OUT FOR ALL YOUR SWIM GEAR!



AQUASTAR now has a team store on Swim Outlet. You can order all kinds of great swim products there. You can customize hoodies, get new googles, order practice gear for each specific swim group (Red, White, Aqua and above). The website is [www.swimoutlet.com](http://www.swimoutlet.com).

Once you are on the home page click the "TEAM" tab.

Then click on "Find your team".

Next enter AQUASTAR in the box that says "Search for Teams By Name".

[https://www.swimoutlet.com/aquastar/?utm\\_source=soaffiliate&utm\\_medium=lookup&utm\\_campaign=6106603](https://www.swimoutlet.com/aquastar/?utm_source=soaffiliate&utm_medium=lookup&utm_campaign=6106603)



# From the President

Earlier this month AQUASTAR held parent meetings at Clear Lake High School and Oakbrook West to welcome new swim families to AQUASTAR, and inform the team of all kinds of exciting news!

Aquastar's mission statement is "Turning Today's Potential into Tomorrow's Performance". Our goal for this year is team growth. With these in mind, we have created four Committees: Swim Meet Committee, Branding & Communication Committee, Retention & Recruiting Committee and Social Committee. Each committee has been working hard and has already achieved some of their objectives. Please consider joining one of these committees, many hands make light work. For more information contact the board member who is heading the committee or you can contact me. We are excited to share with you how to shine with Aquastar.

**Swim Meet Committee** – Headed by Christina Klun and chair is Richard Morales. It is responsible for planning and executing Aquastar Home Meets. The Swim Meet Committee is working on the two short course meets our team is hosting this season.

**Branding & Communications Committee** – Headed by Laura Hearon. It is responsible for communicating team events and accomplishments. The Branding & Communications Committee has activated the Remind App to communicate to families of practice changes and reminders. Also they have opened Aquastar's team store on Swim Outlet.

**Retention & Recruiting Committee** – Headed by Nisha Gidwani. It is responsible for activities to recruit new swimmers, developing and implementing strategies to set a positive and friendly team environment. . The Retention & Recruiting Committee has been working on starting the Red and White group Treasure Box which begin today and created Welcome Letters for new and returning families.

**Social Committee** – Headed by the Aquastar Board. It is responsible for planning team events and community service projects. The Social Committee is working on our Season Kickoff Social.

Everyone is invited and encouraged to the Season Kickoff Sunday Sunday, September 29<sup>th</sup> from 5:00PM – 7:00PM at Oakbrook West Pool. Come join the fun!!!

**GO AQUASTAR!**

Amy Schauss



September, 2019

AQUASTAR

## **Aquastar+Adams =SMARTER, FASTER, SWIMMERS**

Cammile Adams, two time Olympian, is partnering with AQUASTAR to offer swim clinics in 2019. These clinics are appropriate for all swimmers looking to improve technique!

Swimmers from all swim teams are welcome!

### **Session 4: 11/16/19 - Starts & Turns**

**& How to Maintain Speed through Turns and generate it Off Starts**

All Clinics will be held @ Clear Lake High School

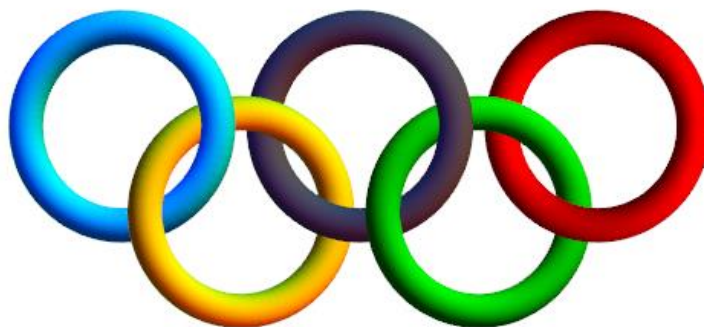
11& under- 9am-1pm

12 & over- 2pm-6pm

**\$89.00 session fee**

Registration can be found on Eventbrite.com. Search for Camille Adams.

<https://www.eventbrite.com/e/cammile-adams-hometown-h-town-clinic-series-registration-51103999438>



## 2019-2020 Short Course Meet Schedule

### TENATIVE

September 21	Pentathlon (all ages)	SHARK
October 12-13	HCAP Invite (11 and up)	HCAP
<b>October 19-20</b>	<b>Halloween meet (10 and under)</b>	<b>AQUA</b>
November 2-3	Senior meet (ages 15 and over)	SHAC
November 9-10	November Invite (14 and under)	SHARK
December 6-8	Southern Sr. Champs (must qualify)	TWST
December 6-8	13 and over Champs	?
December 6-8	Gulf Champs (14 and under) – must qualify	AGS
December 13-15	12 and under Champs	?
December 11-14	Winter Juniors (must qualify)	Federal Way, WA
<b>January 11-12</b>	<b>11 and over (Prelims/Finals)</b>	<b>AQUA</b>
January 18-19	10 and under open	SSS
February 7-9	11 and over Prelims/Finals	HCAP
February 8-9	8 and under Champs	HCAP
February 8-9	9-10 First Chance meet	AMBU
Feb. 22-23	Short Course Champs II (9-14)	?
Feb. 27- Feb. 29	Sectionals	?
Feb. 29- March 1	Short Course Champs III (13 and over)	?
March 5-8	TAGS 14 & under (must qualify)	Dallas, TX