



Volume 12, No. 20

AQUASTAR

May 2019

www.swimaqua.org

Houston, TX 77062

AQUASTAR

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**NEXT
BOARD
MEETING**
Tuesday,
May 14, 2019
8:30 pm
XXX St Cloud
Houston, TX

**ALL PARENTS
INVITED AND
ENCOURAGED TO
ATTEND!**

Turning today's potential into tomorrow's performance!

May Meets

May 4 SC Sprint Series (25 yard pool) SHARKS

May 19 LC Open meet (50 M pool) AQUA

AQUASTAR families-

Thank you for your hard work to make last weekend's Bay Area Invitation Meet a success. We really appreciate all the families that volunteered. Thank you to those that were flexible and quickly shifted from one volunteer spot to another when called upon to help. Your flexibility helped us fill in critical jobs during the swim meet! We appreciate all of you!

Our next swim meet is our one day AQUASTAR Splash Meet on May 19. The volunteer shifts will be posted at the end of next week, and we will send out an email when you are able to sign up.

We will once again need all our swim families to participate to make this meet a success!

Thanks-
Nisha

**WELCOME,****New Aquastar swimmers and their families!**

Andrew Svahn, Alexa Morillo, Levi Wesley, Iris Tran

Elise Shenkir, Stefan Bilc, Tate Dowell, Ada Dowell, Dax Dowell

Tess Stolle, Alim Merchant, Sophia Merchant

Always shoot for the moon, even if you miss, you will land among the STARS!



Training Promotions

Congratulations to the following swimmers who earned new promotions — way to go!

PROMOTIONS

Kota Ito from Aqua to Blue

Adam Picco from Blue to Gold

Dennis Tran from White to Aqua

Urias Del Angel from White to Aqua

Joseph Lin from White to Aqua

Andrew Loe from White to Aqua

Katie Luong from Red To White

Winfred Pham from White to Aqua

William Schauss from White to Aqua

Tab Sommer from White to Aqua

Crichton Vandertie from Red to White

NEW TAGS TIMES

Nick Hardt in the boy's 11-12 50 breast

Laine Anderson in the 10 and under girls 50 free

Reese Del Valle-Guerra in the 10 and under girls 100 breast

Tony Laurito in the 11-12 boys 100 breast and 200 breast

10 and under girls 200 Medley Relay—Marissa Klun, Erin Voelker, Avery Hearon, Laine Anderson

10 and under girls 200 Free Relay—Laine Anderson, Myah Rayburn, Avery Hearon, Marissa Klun

10 and under girls 400 free relay---Laine Anderson, Erin Voelker, Myah Rayburn, Marissa Klun

HAPPY BIRTHDAY

Zachary Todd	May 3 rd
Sophia Cosmas	May 4 th
Aban Tayel	May 5 th
Lelia Cameron Sprague	May 7 th
Andrew Svahn	May 7 th
Sydney Svahn	May 8 th
Kennedy Brown	May 9 th
Cathryn Wu	May 10 th
Nathaniel Joiner	May 11 th
Niko Murasko	May 14 th
Zachary Joiner	May 16 th
Dennis Tran	May 17 th
Kimi Hadaegh	May 18 th
Kellen Maronge	May 22 nd
Abigail Lauchner	May 23 rd
Katelyn Tran	May 23 rd
Alexzander Morales	May 25 th
Iris Tran	May 31 st

NEW SECTIONAL TIMES

Spencer Hoffman in the boys 50 free

Mitchell Mason in the boys 100 back and 100 breast

NEW TEAM RECORDS

Tony Laurito in the 11-12 boys 100 fly

Max Hardt in the 15-18 boys 200 IM

Mitchell Mason in the 15-18 boys 100 breast and 200 breast

May, 2019

AQUASTAR

Away Meets Pictures



Swim Info

LEARN TO SWIM With AQUASTAR Swim School

AQUASTAR has been running successful swimming programs in the Clear Lake area for almost 20 years. Our Learn to Swim program is designed for children ages 4 and up, from the beginner to advanced skill level. Children are taught in a positive, well-structured environment. Our instructors are USA Swimming certified coaches and swimmers who are well trained and excited to teach swimming!

The Learn to Swim program cost is \$120 for eight 30-minute lessons. Lessons are four days a week (Monday-Thursday) for two straight weeks. Sessions are scheduled between 8:30 AM and noon. Beginning swimming lessons have a maximum 3:1 student to instructor ratio; all others have a maximum 4:1 ratio.

Classes begin on June 3. Go to www.swimaqua.org to register today. If you have questions please call (832) 816-6924. Space is filling up fast!



Sessions available:

Session 1 – June 3 - 13

Session 2 – June 17 – 27

Session 3 – July 8 – 18

Session 4 – July 22 – Aug 1

All lessons are held at the Oakbrook West pool (14902 Penn Hills, at Pineloch Dr.).

For more information about the AQUASTAR Learn to Swim program, visit the website at www.swimaqua.org. You can also email jmjohn0113@yahoo.com or call (832) 816-6924 with any questions.

NEITHER THIS ORGANIZATION NOR THIS EVENT IS SPONSORED, ENDORSED, OR OTHERWISE AFFILIATED WITH CLEAR CREEK ISD.

Aquastar+Adams =SMARTER, FASTER, SWIMMERS

TIME TO SIGN UP FOR MAY'S SESSION!
**TIME TO WORK ON THAT BUTTERFLY AND
BREASTSTROKE!**

Camille Adams, two time Olympian, is partnering with AQUASTAR to offer swim clinics in 2019. These clinics are appropriate for all swimmers looking to improve technique!

Swimmers from all swim teams are welcome!

Session 2: 5/18/19 - Breast/ Fly technique and Mental Prep

Session 3: 9/07/19 – Free/Back technique and Nutrition

Session 4: 11/16/19 - Starts & Turns

All Clinics will be held @ Clear Lake High School

11& under- 9am-1pm

12 & over- 2pm-6pm



\$89.00 session fee

Discounts available if you register for 3 remaining sessions

Registration can be found on Eventbrite.com. Search for Camille Adams.

<https://www.eventbrite.com/e/cammile-adams-hometown-h-town-clinic-series-registration-51103999438>

*Swimmers receive one raffle entry per registered swim clinic. Eligible clinic sessions are May 18, Sept 7, and Nov 16. Maximum of 3 entries per swimmer based on session registration. One winner will be selected for the 11 & under age group. One winner will be selected for the 12 & over age group. Raffle winner will be drawn on April 28 at the Bay Area Open Invitational swim meet. If not present, winner will be notified by contact information provided. Private swim lesson has been donated by Camille Adams and will be conducted at the completion of the May 18, 2019 swim clinic.

FROM THE COACH



The new Aquastar Song!

Swimmer, there's no need to drown
I said swimmer, we smile and don't frown
I said swimmer, let's win high point crown
There's no need to be unhappy
It's fun to swim with the AQUA
It's fun to swim with the AQUA
We have everything
To make sure you swim fast
You can hang out with all the swimmers
AQUA it's fun to swim with the AQUA
GOOOO AQUASTAR!

IMPORTANT!!

PLEASE keep gates at Hometown Hero's pool closed, this is City rule. The Gate is not to be propped open in any way. The only way we can have the gate open is if we have a person standing there watch the gate, and only allowing in Aquastar families.

TENTATIVE MEET SCHEDULE

2018-2019 Long Course Meet Schedule

April 13-14 LC	Open meet (50 M pool) SWAT
April 26-27 LC	Open meet (50 M pool) AQUA/SSS
May 4 SC	Sprint Series (25 yard pool) SHARKS
May 19 LC	Open meet (50 M pool) AQUA
June 8-9 LC	Open meet (50 M pool) SWAT
June 20-22	Senior Circuit #2 (must qualify) 50 M A&M
June 21-23	TXLA Texas Open (must qualify) 50 M UT
June 23 SC	B and under meet (25 yard pool) SSS/TCAP
July 12-14	Sectionals (must qualify) 50 M ?
July 12-14	Gulf Champs (need AG Champ times) 50 M CFSC
July 19-21	Gulf Senior Champs TWST
July 20-21	Gulf Sprint Champs (2 BB times or fewer) NOCH
July 26-28	Gulf Summer Champs (need 3 BB times or more)
July 24-28	TAGS (must qualify) (50 M) UT
August 9-11	Junior Nationals (must qualify) 50 M ?

Swim & Private Lessons

Many coaches are available for summer swim lessons!

If you would like private lessons please contact your coach or www.swimaqua.com