



STREAMLINE



Volume 12, No. 22

AQUASTAR

July 2019

www.swimaqua.org

Houston, TX 77062

*Turning today's potential into tomorrow's performance!***AQUASTAR**President
Amy SchaussVice-President
Harold JohnstonTreasurer
Josh JohnstonSecretary
Yasmin AliDirectors
Christina Klun
Nisha Gidwani
Jeaneen DaleMeet Entries
Jeaneen DaleHead Coach
Jeaneen DaleNewsletter Editor
Christina KlunNEXT
BOARD
MEETING
Tuesday,
July 9, 2019
8:30 pm
Email
amyschauss@yahoo.comALL PARENTS
INVITED AND
ENCOURAGED TO
ATTEND!**July Meets****July 12-14****Sectionals (must qualify) 50M****July 12-14****Gulf Champs 50 M CFSC****July 19-21****Gulf Senior Champs TWST****July 20-21****Gulf Sprint Champs NOCH****July 26-28****Gulf Summer Champs****July 24-28****TAGS (must qualify) (50 M) UT**

***EVERY CHAMPION WAS ONCE A CONTENDER
WHO NEVER GAVE UP!***

WELCOME!**New Aquastar swimmers and their families!**

***Hanna Stuart, Brooke Hubernak, Riley Holcombe,
And Soha Momin***

Dream of what you want to be. Wake up fighting for it.



Congratulations!

Training Promotions

Congratulations to the following swimmers who earned new promotions — way to go!

PROMOTIONS

Ada Dowell from Red to White

Kellen Maronge from Red to White

Adam McCabe from Red to White

Tony Laurito from Gold to Senior

Levi Del Angel from Aqua to Blue

NEW TAGS TIMES

10 & Under girls 200 and 400 free relays
Avery Hearon, Myah Rayburn, Holly Tinson, Erin Voelker

11-12 boys 400 Medley Relay
Tony Laurito, Nick Hardt, Levi Del Angel, Zachary Joiner

Urias Del Angel in the 10 and Under boys 50 fly

Tony Laurito in the 11-12 boys 200 free

Amelie Nguyen in the 11-12 girls 50 breast

Urias Del Angel in the boys 10 and under 50 back

Amelie Nguyen in the girl's 11-12 100 breast and 200 breast

NEW LC TEAM RECORDS

Max Hardt in the 100 breast

Olivia Theall in the 100 fly

Tony Laurito in the 11-12 boys 100 fly, 200 free, 400 free, 200 fly, and 200 breast

Amelie Nguyen in the 11-12 girls 100 breast and 200 breast

Tony Laurito in the 11-12 boys 100 fly and 400 free



Congratulations!

HAPPY BIRTHDAY

Riley Holcomb	July 1 st
Erin Voelker	July 2 nd
Cody Wang	July 5 th
Marshall Odom	July 7 th
Adrian Nguyen	July 8 th
Anthony Laurito	July 12 th
Sofia Lopez	July 15 th
Grayson Golemi	July 15 th
Urias Del Angel	July 24 th
Addison Cassady	July 28 th
Meredith Kennedy	July 29 th
William Schauss	July 29 th
Kevin Nguyen	July 31 st



NEW SECTIONAL TIMES

Max Hardt in the 100 free

Tony Laurito in the boys 200 breast and 400 IM

Swim Info



LEARN TO SWIM With AQUASTAR Swim School

AQUASTAR has been running successful swimming programs in the Clear Lake area for almost 20 years. Our Learn to Swim program is designed for children ages 4 and up, from the beginner to advanced skill level. Children are taught in a positive, well-structured environment. Our instructors are USA Swimming certified coaches and swimmers who are well trained and excited to teach swimming!

The Learn to Swim program cost is \$120 for eight 30-minute lessons. Lessons are four days a week (Monday-Thursday) for two straight weeks. Sessions are scheduled between 8:30 AM and noon. Beginning swimming lessons have a maximum 3:1 student to instructor ratio; all others have a maximum 4:1 ratio.

Classes begin on June 3. Go to www.swimaqua.org to register today. If you have questions please call (832) 816-6924. Space is filling up fast!



All lessons are held at the Oakbrook West pool (14902 Penn Hills, at Pineloch Dr.).

Sessions available:

Session 1—June 3—13

Session 2—June 17—27

Session 3 – July 8 – 18

Session 4 – July 22 – Aug 1



For more information about the AQUASTAR Learn to Swim program, visit the website at www.swimaqua.org. You can also email jmjohn0113@yahoo.com or call (832) 816-6924 with any questions.

NEITHER THIS ORGANIZATION NOR THIS EVENT IS SPONSORED, ENDORSED, OR OTHERWISE AFFILIATED WITH CLEAR CREEK ISD.

Aquastar+Adams =SMARTER, FASTER, SWIMMERS

Cammile Adams, two time Olympian, is partnering with AQUASTAR to offer swim clinics in 2019. These clinics are appropriate for all swimmers looking to improve technique!

Swimmers from all swim teams are welcome!

Session 3: 9/7/19 – Free & Back

Session 4: 11/16/19 - Starts & Turns

All Clinics will be held @ Clear Lake High School

11& under- 9am-1pm

12 & over- 2pm-6pm

\$89.00 session fee

Discounts available if you register for 2 remaining sessions

Registration can be found on Eventbrite.com. Search for Camille Adams.

<https://www.eventbrite.com/e/cammile-adams-hometown-h-town-clinic-series-registration-51103999438>



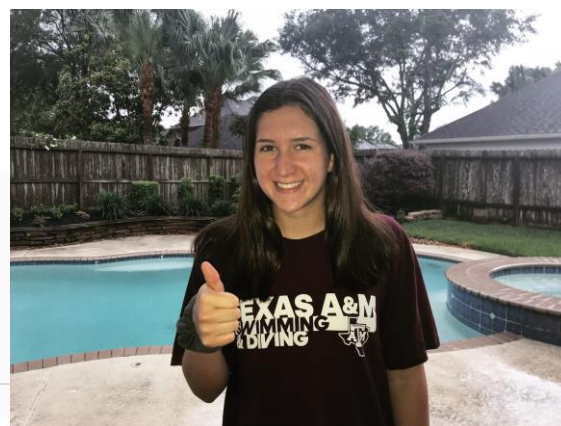
FROM THE COACH

Olivia Theall will join the family legacy and has verbally committed to Texas A&M University. There she will join her older brother **Mark Theall**, who this past season transferred to Texas A&M, as a true sophomore, and became the first-ever Aggie man to score at the NCAA Championships in the 500 free when he placed 7th. Unlike her brother, though, Olivia is primarily a sprinter.

Olivia lives in Friendswood, Texas, just outside of Houston, where she's a junior at Friendswood High School and trains with the Aquastar swim club. She is a two-time Texas High School State 5A (small schools) finalist as a junior, and as a sophomore in 2018 she was a 6A (big schools) finalist. She was the 5A runner-up this season in the 100 fly (54.27) and placed 5th in the 50 free (23.51).

Best Times

50 free – 23.40
 100 free – 51.46
 100 back – 57.44
 100 breast – 1:05.49
100 fly – 53.94
200 fly – 2:00.34
 200 IM – 2:05.26



This commitment is another big addition in the Aggies' sprint focus in recruiting this summer. Last season, they won a 4th-straight SEC Championship, but their historic run of top 4 finishes at the NCAA Championships (6-straight, which was the national active leader entering the season) came to a halt when they slid to 13th place. A big part of that was the team's lack of sprint freestylers: they scored 0 points in the 50 and 100 frees combined, their 200 free relay tied for just 14th place, and their 400 free relay was just 13th.

But the 2020 recruiting class is addressing that weakness. In addition to Daspit, the team brings in 23.8/50.2 freestyler **Jade Hallum**, 23.6/50.5 sprint freestyler **Evelyn Bruner**, and 22.9/50.7 freestyler **Bobbi Kennett**.

TENTATIVE MEET SCHEDULE

2018-2019 Long Course Meet Schedule

April 13-14 LC	Open meet (50 M pool) SWAT
April 26-27 LC	Open meet (50 M pool) AQUA/SSS
May 4 SC	Sprint Series (25 yard pool) SHARKS
May 19 LC	Open meet (50 M pool) AQUA
June 8-9 LC	Open meet (50 M pool) SWAT
June 20-22	Senior Circuit #2 (must qualify) 50 M A&M
June 21-23	TXLA Texas Open (must qualify) 50 M UT
June 23 SC	B and under meet (25 yard pool) SSS/TCAP
JUNE 29 SC	12 and under meet (25 yard pool) ShAC
 July 12-14	 Sectionals (must qualify) 50 M
July 12-14	Gulf Champs (need AG Champ times) 50 M CFSC
July 19-21	Gulf Senior Champs TWST
July 20-21	Gulf Sprint Champs (2 BB times or fewer) NOCH
July 26-28	Gulf Summer Champs (need 3 BB times or more)
July 24-28	TAGS (must qualify) (50 M) UT
August 9-11	Junior Nationals (must qualify) 50 M?

Swim & Private Lessons

Many coaches are available for summer swim lessons!

If you would like private lessons please contact your coach or www.swimaqua.com